DESCRIPTION: School counselors are influential in the identification and support of students affected by anxiety, depression, trauma, as well as various other mental health concerns. Through the delivery of a comprehensive school counseling program, school counselors can be influential in promoting student resilience and positive mental health outcomes. Given school counselors’ instrumental role in mental health crisis prevention and intervention, it is essential they possess the knowledge and tools necessary to identify and respond to self-harm and suicide risk. This interactive full-day presentation will give participants the opportunity to learn how to identify and respond to a variety of mental health needs and understand how to appropriately integrate evidence-based assessments and interventions into their comprehensive school counseling program, with scope of practice and ethical considerations in mind. School counselors, school and system administrators, counselor educators, and other stakeholders are encouraged to attend.

SCHEDULE

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
<th>INFORMATION &amp; LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:15 AM</td>
<td>Registration</td>
<td>Health Sciences Building Gr. Foyer, outside Room 109</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Hill Student Center 3rd Floor, outside Alumni Theatre</td>
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<tr>
<td></td>
<td></td>
<td>Student Center Ballroom Foyer</td>
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<tr>
<td>8:15-8:30 AM</td>
<td>Welcome</td>
<td>Room 109</td>
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<tr>
<td></td>
<td></td>
<td>AnnaGrace Baldwin ALSCA Immediate Past President</td>
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<td></td>
<td></td>
<td>Alumni Theatre Casey Lancaster ALSCA President-Elect</td>
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<td></td>
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<td>Ballroom Dr. Amy Upton ALSCA President-Elect-Elect</td>
</tr>
<tr>
<td>8:30-10:00AM</td>
<td>1.5 PD hours</td>
<td>Part 1 – Dr. Ellen Chance &amp; Dr. Summer Perhay Kuba</td>
</tr>
<tr>
<td>10:00-10:15AM</td>
<td>Snack/Break</td>
<td>Grand Foyer/Room 109 Foyer/Alumni Theatre</td>
</tr>
<tr>
<td>10:15AM-12:15PM</td>
<td>2.0 PD hours</td>
<td>Part 2 – Dr. Ellen Chance &amp; Dr. Summer Perhay Kuba</td>
</tr>
<tr>
<td>12:15-1:00 PM</td>
<td>Lunch</td>
<td>Grand Foyer/Room 109 Foyer/Alumni Theatre</td>
</tr>
<tr>
<td>1:00-3:00 PM</td>
<td>2.0 PD hours</td>
<td>Part 3 – Dr. Ellen Chance &amp; Dr. Summer Perhay Kuba</td>
</tr>
</tbody>
</table>

This workshop has been approved for 5.5 NBCC hours (5.5 hours of professional development). See NBCC Hours Application Form at workshop or on ASCA States Conference App for more information.

The Alabama Counseling Association “ACEP #2001” is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

-- REGISTRATION FORM ON PAGE 2 --
REGISTRATION FORM
ALSCA Regional Workshops Spring 2020
Building Resiliency: School Counselor Response and Intervention for Students’ Mental Health Needs
Ellen Chance, Ph.D. & Summer Perhay Kuba, Ph.D., Ed.S., MSW

REGISTRATION INFORMATION

- Registration fee:
  - Current ALCA members (by 1/15/20): $50
  - Non-ALCA members: $100
  - On-site registration (if seats remain)—Members (by 1/15/20): $75
  - On-site registration (if seats remain)—Non-members: $125
  - Includes snack and lunch
  - **No POs accepted.** Checks only, payable to **ALSCA.** Venmo available, upon request.
- For ALCA and/or ALSCA membership: See the ALCA Website to join, renew, and/or check membership status: alabamacounseling.org/membership.
- Please note: **Membership deadline is 1/15/20.** If membership in ALCA and ALSCA is not active on this date, participant must pay non-member rate. Verify membership in ALCA and ALSCA with ALCA, if needed: alca@alabamacounseling.org.
- Mail workshop registration forms and checks to:
  - ALSCA Regional Workshops Spring 2020
  - 513 Thorn Berry Lane
  - Birmingham, AL 35242
- **If paying as a group,** mail all registration forms together, with a check, to ensure payment is processed correctly.
- Registration postmark deadline is **Monday, 2/10/20.** On-site registration **required thereafter, if seats remain.**
- For **questions** or workshop **accommodations,** please email your ALSCA PD Committee at alsca.pd@gmail.com.
- Workshop accommodations request deadline is **Monday, 2/10/20.**
- **No refunds. However, substitutions are allowed.** Email substitution information to alsca.pd@gmail.com.
- For **W9 and parking information,** please check links in Listserv emails and/or ALSCA website: alabamaschoolcounselors.org.

PARTICIPANT INFORMATION—PLEASE PRINT CLEARLY
Submit a separate form for each participant, regardless if paying as a group.

Current member of ALCA and/or ALSCA?  ____ YES  ____ NO  (Membership will be verified on 1/15/20.)

Registration is for: (Check one.)

_____ Decatur/Calhoun Community College, Tuesday, 3/3/20
_____ Birmingham/University of Alabama at Birmingham, Wednesday, 3/4/20
_____ Mobile/University of South Alabama, Thursday, 3/5/20

Requested lunch option: (Check one.)  ____ Regular  ____ Vegetarian

Name:

Name to appear on name tag:

Address:

City: __________________________ State: ________ Zip: ____________

Phone: (personal) __________________________ (work) __________________________

Email: (Print clearly, 1 character per box.)

Position:

Institution/school name: ____________________________________________________________